



Roof de Karoo

4 - 7 April 2019

Entry form

TEAM NAME:

Member 1

Member 2

Full name
Date of birth
Nationality
ID or Passport number
e-mail address
Cell phone number

Emergency contact
Emergency contact #
Medical Aid name
Medical Aid number
Allergies
Doctors name
Doctor contact #
Dietary requirements

Mark answer with an X

Mark answer with an X

Will you need transport back to MZNP?

Yes	No
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Transport MZNP?

Yes	No
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Shirt (*Mark with X*)

Men	Ladies	Size	
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(S-3XL)

Men	Ladies	Size	
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(S-3XL)

INDEMNITY:

I, the undersigned, am fully aware that mountain biking is a dangerous sport and that this event crosses through National Parks and private game reserves with wild animals. I agree that I am participating at my own risk. I hereby confirm that I will have no claim against SANParks, the organisers, sponsors, officials or landowners, in respect of any injury or damage to persons or property arising out of any incident related in any way to the Roof de Karoo. I also hereby confirm that I have read and understand the event information page and agree to abide hereby. I confirm that sponsors & organisers may use photos or video coverage from the event in their advertising.

Signature: (*Parent or guardian if participant is under 18 years old*)

Date:



Roof de Karoo

Information page & Event Programme

Thursday 4 April 2019:

- Registration will be between 16h00 and 18h00 at the registration table at the campsite in Mountain Zebra National Park near Cradock.
- Participating cycling teams will be given a ride number corresponding with their tent
- Supper and briefing at Campsite in Mountain Zebra National Park

Friday 5 April 2019: 75 km

- Breakfast and packing up.
- Teams will all cycle together through the MZNP but once out of the Park, teams can go at their own pace
- There will be 3 watering/feeding stations along the way.
- Teams will finish at the campsite at Petrusdal approximately 75 km later.
- Braai and delicious Karoo cuisine

Saturday 6 April 2019: 70 km

- Breakfast and packing up.
- Climb up and over the old ox wagon track, down the Sundays River valley through private game reserves ending at Roodebloem farm near Graaff-Reinet approximately 70km later.
- There will be 3 watering/feeding stations on route.
- Closing function & supper.

Sunday 7 April 2019: 32 km

- Coffee and rusks and packing up.
- Cycle through Camdeboo National Park to the Winterhoek Guest House about 32 km.
- Enjoy a hearty brunch at Winterhoek.
- Departure. Shuttle back to Mountain Zebra National Park.

ENTRY FORMS & PAYMENT:

- Entry fee of **R7500 per team of 2** or **R4000 for individuals** is non-refundable.
- Each person will receive a goody bag, a CORE Merino woollen clothing item, buff, 3 nights tented accommodation, delicious Karoo cuisine meals, drinks, National Park fees, a short helicopter flight and shuttle service back to MZNP.
- **Bank details:** Roof de Karoo, Capitec Bank, Savings Account **150 667 4133** (Branch **470 010**)
- **Reference:** Your team name
- The completed entry form and proof of payment are to be sent to **Roofdekaroo@gmail.com**
- **Contact person:** Annette Kingwill 082 851 5580
- **Supporters** check the website for available accommodation or book with organisers.

RULES:

- Participants must be 16 years and older and must be fit and able to handle technical challenges.
- The organisers reserve the right to enforce the withdrawal of participants for any safety or health reasons.
- Officials must be notified of any withdrawal for whatever reason as soon as possible. Check-in at waterpoints
- No helmet, no ride. A medical team and ambulance will accompany the cyclists on the route.
- Obey the road rules when using secondary roads and respect all private property. Do not litter.

- All possessions (including sleeping bag and pillow) being transported to the campsites must fit into 1 duffelbag per cyclist.
- Cyclists can climb onto the backup vehicle along the way. E-bikes welcome.